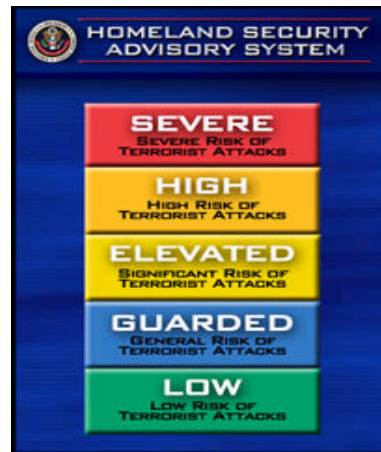


## HOMELAND THREAT ASSESSMENT



## DoD FORCE PROTECTION CONDITIONS

**NORMAL-** Able to access base without difficulty

**ALPHA-** Random personnel and vehicle checks; possible delay getting onto base

**BRAVO-** percent of personnel and vehicles searched; car sticker required to access base without search; increased delay getting onto base

**CHARLIE-** Components of Alpha and Bravo plus 100% ID and vehicle sticker check; expect prolonged delays getting on and off base

**DELTA-** NMCLQ closed for business. Base access very strictly limited.

## NAVAL MEDICAL CLINIC, QUANTICO



## HOW TO SEEK MEDICAL CARE DURING INCREASED SECURITY ALERTS ON MILITARY BASES

<http://nmclq.quantico.med.navy.mil>

## IMPORTANT TELEPHONE NUMBERS

### *MCB QUANTICO*

Information- 703-784-3868

### *NAVAL MEDICAL CLINIC*

Information- 703-784-1725

After Hours- 703-784-1699

Pharmacy- 703-784-1580

### *SIERRA MILITARY HEALTH*

1-888-999-5195

To facilitate access onto base, be sure that you have:

- Current DoD sticker on vehicle
- Current vehicle registration
- Current vehicle insurance
- Valid ID card
- Limited items in vehicle (assists with speeding up vehicle searches).

**In times of increased security at military bases, it may be hard for TRICARE patients to access the Naval Medical Clinic, Quantico even though services may still be available.**

## **MEDICAL EMERGENCIES**

TRICARE patients with medical emergencies, should, without delay, seek care at the NEAREST emergency room. A medical emergency is defined as a medical or mental health condition that someone without medical training believes would result in death, loss of arm, leg, finger or eyesight without immediate medical care. It may also be a condition that is very painful and requires immediate treatment to stop the pain. You do not have to call the clinic or contact Sierra for permission to access emergency care.

## **URGENT CARE ADVICE**

TRICARE Prime patients enrolled to Naval Medical Clinic, Quantico have access to a registered nurse who will provide medical advice 24 hours/day, 7 days a week. Contact Sierra Military Health at 1-800-308-3518. If the medical condition is not life threatening, but you need to access care, call NMCLQ at 1-888-784-1802 for assistance.

### **INCREASED THREAT CONDITION**

#### **SICK/INJURED/SEVERE PAIN**

EMERGENCY?	NO?
?	?
YES	MAKE
?	ACUTE
GO TO NEAREST ER	APPOINTMENT

#### **ROUTINE APPOINTMENT**

CAN YOU GET ON BASE?	
?	?
YES	NO
?	?
GO TO	CONTACT
APPOINTMENT	CALL CENTER & RESCHEDULE

#### **NEED A PRESCRIPTION REFILL?**

CAN YOU GET ON BASE?	
?	?
YES	NO
?	?
PICK UP REFILL	TAKE REFILL
	BOTTLES TO CIVILIAN
	NETWORK PHARMACY
	CO-PAY APPLIES
	\$3.00 generic/month supply
	\$9.00 brand/month supply

## **ROUTINE CARE**

All routine primary and specialty health care appointments provided by Naval Medical Clinic Quantico should be rescheduled when increased security conditions return to normal. Call Sierra at 1-888-999-5195.

## **PHARMACY SERVICES**

Due to increased security on military bases, it may be very difficult or impossible to get your prescription, whether new or a refill, at the military medical facility. New prescriptions can be taken to a civilian network pharmacy (CVS, Giant, Target, and K-Mart) to be filled (co-pay required). Refills can be obtained by taking your prescription bottle to a civilian network pharmacy to be refilled (co-pay applies).

Please keep at least a one (1) week supply of your long time medications.

New prescriptions (military or civilian) may be filled using the National Mail Order Pharmacy. This service is available to Active Duty members and all TRICARE eligible beneficiaries. For more information, contact Express Scripts at 1-866-363-8667 or [www.express-scripts.com](http://www.express-scripts.com).